

Demet KARA

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Education

- 2015 – 2021** **PhD., Middle East Technical University, Ankara, TURKEY**
Graduate School of Social Science
Department of Psychology
- 2019 - 2020** **Visiting Student Researcher, Emory University, Atlanta/Georgia, USA**
Bauer Memory at Emory Lab
- 2011 – 2014** **M.A., Koç University, İstanbul, TURKEY**
Graduate School of Social Sciences
Department of Psychology
- 2006 - 2011** **B.A., İhsan Doğramacı Bilkent University, Ankara, TURKEY**
Faculty of Economics, Administrative and Social Sciences
Department of Psychology

Work Experience

- 2023 – current** Assistant Professor, Antalya Bilim University – Department of Psychology
- 2022 – 2023** Postdoctoral researcher, Aarhus University – Department of Psychology
- 2022 – 2023** Part time lecturer, MEF University – Department of Psychology
- 2021 – 2022** Part time lecturer, Istanbul Bilgi University – Department of Psychology
- 2020 – 2022** Part time lecturer, Işık University – Department of Psychology
- 2020 – 2021** Part time lecturer, 29 Mayıs University – Department of Psychology
- 2018 – 2020** Teaching Assistant, Altınbaş University – Department of Psychology
- 2014 – 2018** Research Assistant, Altınbaş University – Department of Psychology
- 2016 – 2019** Research Assistant, TÜBİTAK Project. *Psikodinamik Oyun Terapisi Sürecinin Etkililiğinin İncelenmesi: Oyun Türleri, Terapötik Müdahaleler ve Terapötik İttifak*, Bilgi University. Asst. Prof. Sibel Halfon
- 2012 – 2014** Research Assistant, TÜBİTAK Project. *Erken Ergenlikte Pozitif Gelişme Farklı Ortamlardaki Ergen Gelişimini Anlamak ve Desteklemek*, Koç University, Prof. Çiğdem Kağıtçıbaşı
- 2011 – 2012** Research Assistant, Koç University Assoc. Prof. Bilge Selcuk
- 2011 – 2014** Teaching Assistant, Koç University

Publications

Peer-Reviewed International Journals

Kara, D., & Bohn, A. (2026). Personal future events of immigrants: what is the role of remembering the distant or recent past? *Memory*, 1–14.
<https://doi.org/10.1080/09658211.2026.2639553>

Kara, D., Bauer, P. J., & Şahin-Acar, B. (2024). Young adults' personal and relationship memories: recollections of self, siblings, and family. *Memory*, 1-12.

Allen, J.W.P. & **Kara, D.** (2023). Domain-General or Specific: How is Children's Understanding of Deception Socialized? *Social Development*.

Kara, D., Bauer, P. J., & Şahin-Acar, B. (2023). Transitions and transformations in sibling relationships: Characteristics of Turkish and US young adults' sibling-related turning-point memories. *Journal of Social and Personal Relationships*, 40(2), 459-482.
<https://doi.org/10.1177/0265407522111679>

Kara, D. & Sümer, N. (2022). The Role of Paternal Parenting and Co-parenting Quality in Children's Academic Self-Efficacy. *Frontiers in Psychology*.
<https://doi.org/10.3389/fpsyg.2022.772023>

Peer-Reviewed National Journals

Halfon, S., Özsoy, D., **Kara, D.**, & Çavdar, A. (2020). Gözleme Dayalı Terapötik İttifak Ölçeği Türkçe Formu'nun Psikometrik Özellikleri. *Türk Psikoloji Yazıları*.

Halfon, S., Cavdar, A., & **Kara, D.** (2020). Çocuk ve Ergen Ruh Sağlığı ve Hastalıkları Alanında Bir Klinik Gidiş Değerlendirme Ölçeği Türkçe Formunun (HoNOSCA-TR) Psikometrik Özellikleri. *Klinik Psikoloji Dergisi*. Doi: 10.5455/kpd.26024438m000016

Book Chapters

Kara, D. (2025). Erken yetişkinlik döneminde sosyoduygusal gelişim. In B. Akcinar (Ed.), *Gelişim psikolojisi* (pp. 263–282). Akademisyen Kitabevi. <https://doi.org/10.37609/akya.3772.c1703>

İlden-Koçkar, A. & **Kara, D.** (2017). Türkiye ve Avrupa'da Çocuk Üniversitesi Uygulamaları. In: İlden-Koçkar, A. (ed). *Türkiye ve Dünyada Çocuk Üniversitesi Uygulamaları*. Nobel Yayın. (pp: 15-31).

Proceedings

Kara, D. (2017). Predictors of Academic Success and Educational Expectations: Role of Teacher Involvement, Academic Self-Efficacy, Age and Gender. *InPACT 2017 Book of Proceedings*. 364-366.

Presentations

Kara, D. & Bohn, A. (2025). Reminiscence bump or transition bump?: How are important life events of immigrants distributed across the life span?. Oral Presentation. SARMAC, Kildare Ireland.

Elibol-Pekaslan, N. & **Kara, D.** (2025). Functions of Autobiographical Memory: The Relationship between General and Specific Uses of Memories with Different Emotional Valence. Oral Presentation. SARMAC, Kildare Ireland.

*Budak, Y., **Kara, D.** & Şahin-Acar, B. (2025). Differences in Memory Characteristics of Personal and Sibling Vicarious Memories of Young Adults. Poster Presentation. SARMAC, Kildare Ireland.

*Temel, E. & **Kara, D.** (2024). Üniversite öğrencilerinde sosyal kaygının incelenmesi: bilişsel çarpıtmalar, reddedilme duyarlılığı ve öz-şefkatin rolü nedir?. Sözlü Bildiri. Ulusal Psikoloji Lisansüstü Öğrencileri Kongresi: Yine Yeni Yeniden, Akdeniz Üniversitesi, Antalya, Türkiye.

Kara, D. & Şahin-Acar, B. (2024). Genç Yetişkin Bir Örneklemde Ebeveynler ve Kardeşler Arasındaki İlişkilerin İncelenmesi. Sözlü Bildiri. 4. Gelişim Sempozyumu, Bilkent Üniversitesi, Ankara, Türkiye.

Kara, D. & Bohn, A. (2023). Personal Future Projections of Immigrants: What is the Effect of Remembering the Past? Poster Presentation at Special Interest Conference on Narrative Identity: Insights from Research to Practice, University of Lille, France.

Allen, J.W. & **Kara, D.** (2023). Domain-General or Specific: How is Children's Understanding of Deception Socialized? Paper Presentation. Jean Piaget Society, Madrid, Spain.

Elibol-Pekaslan, N., Varol, Ş., & **Kara, D.** (2022). Comparing phenomenological and functional characteristics of young adults' exciting memories with their positive and negative memories. Poster Presentation. Autobiographical Memory in Aging and Dementia, Aarhus University, Denmark.

Kara, D. & Elibol-Pekaslan, N. (2021). A Moderated Mediation Model for the Relationship between Self-concept Clarity and Psychological Well-being: The Role of Self function and Memory Types. Oral Presentation. Virtual SARMAC 2021.

Elibol-Pekaslan, N. & **Kara, D.** (2018). How Do Different Life Events Change the Relationship between Self-Concept Clarity and Self-Continuity Function? Poster

Presentation. Autobiographical Memory and the Self Congress, Aarhus University, Denmark.

Kara, D. & Sümer, N. (2017). Discrepancy in Parenting Behaviours: Predicts Children's Academic Self-Efficacy and Anxiety. Oral Presentation. 15th European Congress of Psychology, Amsterdam, Netherlands.

Kara, D. (2017). Predictors of Academic Success and Educational Expectations: Role of Teacher Involvement, Academic Self-Efficacy, Age and Gender. Poster Presentation. International Psychological Applications Conference and Trends (InPACT 2017), Budapest, Hungary.

Koçkar İlden, A. & **Kara, D. (2015).** Children's University. Oral Presentation. Conference on Children Universities around Europe and in Turkey, Istanbul Aydın University, Turkey

Kara, D. & Kağıtçıbaşı, Ç. (2014). Role of Parenting and Self-Types on Self and Emotion Regulation. Oral Presentation. 36th Annual Conference of International School Psychology Association, Vytautas Magnus University, Lithuania

Kara, D. & Yalın, C. (2013). Parenting and Social Development in Early Adolescence: How Parental Autonomy Granting Influences Early Adolescents' Self-Regulation, Internal Causal Attributions for Success/Failure and Future Expectations. Poster presentation. International Association for Adolescents Health 10th World Congress, Istanbul, Turkey

Invited Talks

Kara, D. (2023). Kültür ve Toplumsal Cinsiyet Etkisinde Hayat Hikayemizi Anlamak. Odense Kadın Platformu. Odense, Denmark.

Kara, D. (2022). Examination of Turkish and US Young Adults' Autobiographical Memory Characteristics through Relationship Stories. Oral Presentation. CON AMORE MEAL talk, Aarhus University, Denmark.

Kağıtçıbaşı, E. & **Kara, D. (2022).** PERGEL Projesi Tanıtımı. IV. Sosyal Psikoloji Kongresi. 9 Eylül University, İzmir, Turkey

Graduate Theses Supervised

1. Özkan, İ.S. (2024). 6 Şubat 2023 Kahramanmaraş Merkezli Depremi Yaşayan Kişilerde Travma Sonrası Büyüme, Algılanan Sosyal Destek, Prososyal Davranış ve Tutarlılık (Bütünlük) İlişkisinin İncelenmesi. (*Masters*)
2. Temel, E. (2024). Üniversite öğrencilerinde sosyal kaygının incelenmesi: Bilişsel çarpıtmalar, reddedilme duyarlılığı ve öz-şefkatin rolü nedir? (*Masters*)
3. Songur, E. (2025). Genç yetişkin kadınlarda toplumsal cinsiyet rolü stresi ile psikolojik iyi oluş arasındaki ilişkide benlik farklılaşmasının aracı rolü. (*Masters*)

4. Inan, B. (2025). Terapötik Anıların romantik ilişkilere yansımaları: Partner kabul/red ve ilişki doyumu üzerine bir inceleme. (*Masters*)
5. Bulut, G. (2025). Ebeveyn kabul ve reddinin psikolojik mirası: Travma sonrası büyümede benlik saygısının aracı rolü. (*Masters*)
6. Oyan, T. (2025). Genç yetişkinlerde algılanan ebeveyn tutumları ile psikolojik iyi oluşları arasındaki ilişkide yetişkin bağlanmanın ve kişilerarası ilişki tarzının aracı rolü. (*Masters*)

Courses Thought (Last two academic years)

<u>Undergraduate/graduate level courses</u>	<u>Language of teaching</u>
Research Methods (Statistics) – I-II	ENG (UG)
Selected Topics in Psychology	ENG (UG)
Memory	ENG (UG)
Psikoloji için İstatistik Uygulamaları	TR (GRAD)

Scholarships & Awards

2022 – 2023	TÜBİTAK - 2219 Post Doc Researcher Grant – (Grant: 25200 Euros)
2019 – 2020	Fulbright - Ph.D. Dissertation Research Grant – (Grant: 15057 US Dollars)
2019 – 2020	Emory College Undergraduate Research in Neural and Behavioral Mechanisms of Learning Award – (Grant: 1120 US Dollars)
2016 – 2019	Bilgi University TÜBİTAK Project Scholarship – PhD Student Scholarship – (Grant: 15000 Turkish Liras)
2013 – 2014	Koç University TÜBİTAK Project Scholarship – M.A. Student Scholarship– (Grant: 18000 Turkish Liras)
2011 – 2013	TÜBİTAK - 2210 Graduate Scholarship – (Grant: 36000 Turkish Liras)
2006 – 2011	The Scientific and Technological Research Council of Turkey (TÜBİTAK) - 2205 Undergraduate Scholarship – (Grant: 30000 Turkish Liras)