

CURRICULUM VITAE

1. Name, Surname : SİBEL ÇAYNAK
Institution :Antalya Bilim Üniversitesi
E-Mail : sibel.caynak@antalya.edu.tr
sibeltimur86@hotmail.com

2. The Date of Birth : 1986
3. Title : Assistant Professor
4. Education : PhD

Derece	Alan	Üniversite	Yıl
Undergraduate	Nursing	İstanbul Üniversitesi	2007
MS	Mental Health and Psychiatric Nursing	İstanbul Üniversitesi	2014
PhD	Psychiatric Nursing	Akdeniz Üniversitesi	2021

5. Professional Experience and Academic Appointments : Assistant Professor 2022-
Research Assistant 2017-2021

6. Theses

6.1. Master Thesis

Psychological Symptoms and Suicide Probability of a Group of Prisoners and Convicts. Istanbul University Health Sciences Institute, Mental Health and Psychiatric Nursing, Master's Thesis. İstanbul 2014.

6.2. Doctoral Thesis

The Effect of Tidal Model Based Psychiatric Nursing Approach on the Meaning of Life and Coping Level of Physically Disabled Adult Individuals: An Action Research, Akdeniz University Health Sciences Institute, Psychiatric Nursing PhD Thesis, Antalya 2021.

7. Publications

7.1. Articles Published in Journals Indexed by SCI, SSCI, AHCI

Karaçar, Y., Çaynak, S., Boyacıoğlu, N. E., Meriç, M., & Öz, F. Factors Predicting Mental Health Literacy in Older Adults: A Community-Based Cross-Sectional Study. Journal of Psychosocial Nursing and Mental Health Services, 2024. 1-10.

Çaynak, S., & Boyacıoğlu, N. E. Bereavement Experiences of Families of Elderly Individuals Who Died Due to COVID-19. *OMEGA-Journal of Death and Dying*, 2023. doi.org/10.1177/003022282312000

Temel, M., Boyacıoğlu, N. E., **Çaynak, S.,** & Çaynak, M. Psychosocial and Sexual Life in Morbidly Obese Individuals Following Bariatric Surgery: A Qualitative Study. *Bariatric Surgical Practice and Patient Care*, 2023;18(2), 85-91. doi.org/10.1007/s10943-022-01574-w

Boyacıoğlu, N. E., Temel, M., & **Çaynak, S.** Post-traumatic growth in cancer patients: A correlational study in Turkey. *Journal of Religion and Health*, 2022; 61(6), 4366-4381.

Çaynak, S., Özer, Z., Keser, İ. Stigma for Disabled Individuals and Their Family: A Systematic Review. *Perspectives in Psychiatric Care*. 2022;58:1190-1199. DOI: 10.1111/ppc.12893

Çaynak, S., Boyacıoğlu, NE., Temel, M. Body perception and sexuality of bariatric surgery patients. *Perspectives in Psychiatric Care*. 2021;57:1266-1272. DOI: 10.1111/ppc.12683

Çaynak, S., Kutlu FY. The psychological symptom, probability of suicide and coping ways of a group of convict and detainee, *Anatolian Journal of Psychiatry*, 2016;17(2):93-98. DOI: 10.5455/apd.198596

7.2. Articles Published in Other International and National Refereed Journals

Göktaş, A., **Çaynak, S.,** & Arslan, B. Ş. Determining the relationship between body mass index and self-stigma and self-esteem in seeking psychological help among university students. *Rahva Technical and Social Research Journal*, 2023; 3(2), 125-134.

Arslan, B. Ş., **Çaynak, S.,** Göktaş, A., Keser, İ., & Buldukoğlu, K. Psychiatric Care During Covid-19 Pandemic: A Qualitative Study. *YOBÜ Faculty of Health Sciences Journal*, 2023; 4(3), 240-253.

Ergün, G., **Çaynak, S.,** Alkan, A., & Bozkurt, E. D. The Examination of Ostracism and Cyberbullying in Adolescents and Their Relationships. *Göbeklitepe Faculty of Health Sciences Journal*, 2023;6(12):59-67.

Uyan, T. K., **Çaynak, S.,** & Keser, İ. Healthy Living Awareness of Elderly Individuals During the Covid 19 Pandemic. *Elderly Problems Research Journal*, 2023;16(2), 58-68.

Temel, M., **Çaynak, S.,** Boyacıoğlu, N. The Stress Experiences of Gypsies: A Qualitative Study in Thrace. *Balkan and Near Eastern Journal of Social Sciences*. 2021;7(3):9-16.

Çaynak, S., Keser, İ., Günbayı İ. Stigma Experiences of Psychiatric Nurses and Coping Strategies: A Qualitative Study, *International Archives of Nursing and Health Care*, 2021;7(1):1-12.

Boyacıoğlu, NE., Irmak, HS., **Çaynak, S.** Use of the Internet in Obtaining Health Information in Old Age, *Turkish Clinics Journal of Health Sciences*, 2021. DOI: 10.5336/healthsci.2020-79104

Çaynak, S., Keser, İ. Evaluation of Postgraduate Theses on Disability in the Field of Health in Turkey in Terms of Different Variables, *Acıbadem University Journal of Health Sciences*.. 2021; (12) 1:118-123.

Çaynak, S., Keser, İ. İyileşme Odaklı Yaklaşım: Tidal Model, *Journal of Social Research and Behavioral Sciences*, 2020;6(12): 246-254.

Demiralay, Ş., Keser, İ., **Çaynak, S.** Using Animal Supported Applications as Nursing Intervention: Systematic Review, *Journal of Psychiatric Nursing*, 2020;11(3):239-250.

Çaynak, S., Arslan, B., Hallaç, S., Keser, İ., Buldukoğlu, K. Evaluation of State of Child and Adolescent Psychiatric Nursing in the Context of a Clinical Practice and a Regulation in Turkey, *Journal of Psychiatric Nursing*. 2019; 10:227-231.

Keser, İ., **Çaynak, S.**, Ergün, G., Sakiner, A., Kuloğlu, M. The Effect of Psychoeducation Given in a Psychiatric Day Hospital on Patients' Self-Efficacy and Well-Being. *Journal of Psychiatric Nursing*. 2018; (9) 1:119-120.

7.3. Papers Published in Proceedings Book Presented at Scientific Meetings

Çaynak, S. Nargis Koşucu, S. Reasons for Individuals to Apply for Cosmetic Surgery and Nursing Care During Cosmetic Surgery, *International Congress on Holistic Health Care*, Kocaeli, May 24-25, 2024.

Çaynak, S. Psychosocial Problems and Geropsychiatric Nursing in Elderly Individuals. 1st *International Congress on Health Sciences*, Bitlis, May 23-25, 2024.

Çaynak, S., Boyacıoğlu, N.E. Virtual Applications in Geropsychiatric Nursing, 7th *International Congress on Health Sciences and Life*, Burdur, March 7-9, 2024.

Çaynak, S., Göktaş, A. Arslan, B. Relationship Between Conscious Awareness-Based Self-Efficacy and Happiness Levels in Individuals Hospitalized for Bariatric Surgery. 7th *International Congress of Health Sciences and Life*, Burdur, 7-9 March 2024.

Çaynak, S. The Relationship Between Empathic Tendency and Happiness Level in Health Services Vocational School Students. 7th International 11th National Psychiatric Nursing Congress. Ankara, 18-20 October 2023.

Karaçar, Y., **Çaynak, S.**, Boyacıoğlu, N.E., Meriç, M., Öz, F. Factors Predicting Mental Health Literacy in Older Adults: A Community-Based Cross-Sectional Study, 7th International 11th National Psychiatric Nursing Congress. Ankara, 18-20 October 2023.

Kaplan. T., **Çaynak, S.** Keser, İ. Determination of Healthy Life Awareness Levels of Elderly Individuals During the Covid 19 Pandemic. 7th International 11th National Psychiatric Nursing Congress. Ankara, October 18-20, 2023.

Keser, İ., Duran, Ş.B. **Çaynak, S.**, Üzer, F., Özdemir, T. The Relationship Between Fear Levels, Perception of Control and Avoidance Attitudes of Individuals Followed with Suspicion of Covid 19. 7th International 11th National Psychiatric Nursing Congress. Ankara, October 18-20, 2023.

Boyacıoğlu, N.E., **Çaynak, S.** Journey to Hope in Old Age: Second Spring Marriages. 7th International 11th National Psychiatric Nursing Congress. Ankara, October 18-20, 2023.

Çaynak, S. Evaluation of Postgraduate Theses on Obesity in Turkey in Terms of Different Variables, 2nd Congress on Healthy Living and Obesity Awareness. Mersin, April 12-13, 2023.

Çaynak, S., Boyacıoğlu, N.E. Grief Experiences of Families of Elderly Individuals Who Died Due to Covid-19, VI. International Congress on Health Sciences and Life. Burdur, March 2-5, 2023.

Çaynak, S., Keser, İ. The Effect of Tidal Model-Based Psychiatric Nursing Approach on the Meaning of Life and Coping Level of Physically Disabled Adult Individuals: An Action Research, VI. International X. National Psychiatric Nursing Congress, Izmir, October 20-23, 2021

Çaynak, S., Keser, İ., Demiralay, Ş., Duran,ŞB. Living with My Mentally Disabled Brother: Qualitative Study, VI. International X. National Psychiatric Nursing Congress, Izmir, October 20-23, 2021

Ergün, G., Keser, İ., **Çaynak, S.** Evaluation of the Effect of Cognitive Behavioral Therapy-Based Psychoeducation on Negative Automatic Thoughts and Perception of Recovery, VI. International X. National Psychiatric Nursing Congress, Izmir, October 20-23, 2021

Arslan, B., **Çaynak, S.**, Göktaş, A., Keser, İ., Budukoğlu, K. Psychiatric Care in the Covid 19 Pandemic: A Case Study from Turkey, International Congress on Reflection of the Pandemic on Mental Health and Psychosocial Care, Erzurum, June 24-25, 2021.

Çaynak S., Keser İ. Recovery-Focused Approach: Tidal Model, 7th International Online Conference on Social Researches and Behavioral Sciences, Izmir, Turkey, October 24-25, 2020, pp.29-30.

Çaynak S., Keser İ. The Healing Power of Art Therapy Applications in Elderly Individuals, International Aegean Symposium on Natural & Medical Sciences-II, Izmir, Turkey, September 18-20, 2020, pp.41-42.

Çaynak S., Boyacıoğlu N.E., Temel M. Body Perception and Sexuality of Bariatric Surgery Patients, 3rd International Health Science and Life Congress, Burdur, June 4-6, 2020, pp.107-107.

Çaynak S., Özer Z., Keser İ. Stigma For Disabled Individuals and Their Families: A Systematic Review, 3rd International Health Science and Life Congress, Burdur, June 4-6, 2020, pp.98-98.

Çaynak, S. Keser, İ. Intervention Programs Used to Empower Disabled Individuals and Their Use in Nursing Practices. 2nd International Congress on Health Sciences and Life. Burdur 24-27 April 2019.

Demiralay, Ş., Keser, İ. **Çaynak, S.** Use of Animal-Assisted Practices as a Nursing Intervention: Systematic Review. 2nd International Congress on Health Sciences and Life. Burdur 24-27 April 2019.

Keser, İ., **Çaynak, S.** Use of Music in the Treatment and Care of Chronic Diseases. International 4th European Conference on Science, Art & Culture (ECSAC) 18-21 April 2019. pp.121.

Keser, İ., **Çaynak, S.**, Ergün, G., Sakiner, A., Kuloğlu, M. The Effect of Psychoeducation Given in Psychiatric Day Hospital on Self-Sufficiency and Well-Being of Patients. V.

International IX. National Psychiatric Nursing Congress. Antalya 20-23 November 2018. pp.1902-1905.

Çaynak, S., Keser, İ. Evaluation of Postgraduate Theses Conducted in the Field of Health Related to Disability in Turkey in Terms of Different Variables, V. International IX. National Psychiatric Nursing Congress. Antalya 20-23 November 2018.

Çaynak, S., Keser, İ. Psychiatric Nurses' Stigma Experiences and Ways of Coping: A Qualitative Study, V. International IX. National Psychiatric Nursing Congress. Antalya 20-23 November 2018.

Çaynak, S., Arslan, B., Hallaç, S., Keser, İ., Buldukoğlu, K. Examination of the Status of Child and Adolescent Psychiatric Nursing in Our Country in the Context of an Application and a Regulation, V. International IX. National Psychiatric Nursing Congress. Antalya 20-23 November 2018. pp.789-789.

Temel, M., **Çaynak, S.,** Boyacıoğlu, N.E. Stress Experience and Mental Well-Being in Romani People: A Qualitative Study, V. International IX. National Psychiatric Nursing Congress. Antalya 20-23 November 2018.

Çaynak, S., Keser, İ. Use of Clinical Decision Support Systems in Nursing Care Practices, 1st International Health Sciences and Life Congress. Burdur 2-5 May 2018. pp.364-369.

Çaynak, S., Keser, İ. The Role of Health Professionals in Combating Stigma in Mental Illnesses, 1st International Congress of Health Sciences and Life. Burdur 2-5 May 2018.

Çaynak, S., Kutlu F.Y. The psychological symptom, probability of suicide and coping ways of a group of convict and detainee, Horatio Congress, Lisbon, Portugal, 8-10 October 2015, pp.1-1

7.4. Books Written or Chapters in Books

Çaynak, S. “Elderly Provisions”, The new owners of the future, the elderly: In Less talked about. A. Akgül, N.E. Boyacıoğlu & S. Yiğiter (Eds.), Istanbul: İÜC Publishing House. 2023

Çaynak, S. “Elderly Individual with Anxiety Disorder and Nursing Care”, Elderly Mental Health and Diseases Nursing, Fatma Öz, Sibel Arguvanlı Çoban, Hilal Seki Öz, Ed., Ankara Nobel Medical Bookstore, pp.105-124, 2023.

Keser İ., **Çaynak S.,** "Forensic Victimology", Forensic Nursing, İ. Hamit Hancı, Yurdagül Erdem, Sevinç POLAT, Ed., Seçkin Publishing, Ankara, pp.665-679, 2020.

Keser İ., Çaynak S., "Use of Music in the Treatment and Care of Chronic Disease", in: Health Sciences Research in the Globalizing World, Alexandrova E., Shapekova N. L., Ak B., Özcanaslan F., Eds., Kliment Ohridski University Press Sofia, SOFIA, pp.113-122, 2018.

8. Projects

Views of Individuals with Mentally Disabled Siblings on Having a Disabled Sibling. Akdeniz University Scientific Research Project Unit. Researcher.

The Effect of Tidal Model Based Psychiatric Nursing Approach on the Meaning of Life and Coping Level of Physically Disabled Adult Individuals: An Action Research. Akdeniz University Scientific Research Project Unit. Researcher.